

Hello Fellow Members,

In case you feel overwhelmed by emails from me, let me explain my side of the story... 😊

As you know we issue 'The Park' three times a year which gives comprehensive information on all the events and activities available to members. We also aim to keep communication flowing through regular updates to the Website and occasional adhoc emails from myself where knowledge of an activity is time sensitive.

While the above works, Niki , my predecessor recognised that pulling the information into a regular update was a good thing. I'm happy to follow her guidance and will issue an update the first week of the month. Clearly, I will do it in my own style...

So, to keep it fresh I'm proposing details for the diary & key messages first and then the "Dave's view of the world" ramblings...

Key Dates and Messages:

- 17th Sept - Incurable Optimist Show by Paul Mayhew-Archer at Kings College School, Guildford- Tickets from our Treasurer, Steve Heron
sheron@guildfordparkinsons.org.uk
- 22nd Sept - Wisley Garden Visit (guided)- Contact Ursula Glover
ursula.glover@hotmail.co.uk
- 24th Sept - Guildford Cathedral Abseil to raise funds for Parkinson's UK
- 6th Dec - Branch Christmas Lunch at Broadwater Pavilion- See the September Park for more details

Can I remind you that we have vacancies in our Loud and Clear and Parkinsong activities? We offer free taster sessions so you can freely dip your toe in the water to evaluate if it's the sort of thing that you will benefit from.

Life in the role of Chair....

I believe some of you enjoy this, so here is what I've been doing/thinking this last month.....

So, let's start with "the biggy" – we have the famous and brilliant Paul Mayhew-Archer coming to Guildford as a fundraiser on 17th September (more details below). How cool is it to have the co-writer of Vicar of Dibley supporting us by hosting a fundraising evening? I cannot wait to meet the guy not only because of what he has done but the type of guy he is – he uses his skills to raise awareness and money for Parkinson's activities.

I also plan to ask him about the great sketch "Alice just can't believe it's Not Butter" (<https://www.youtube.com/watch?v=37ficiqoE6U>). I am amazed by the eloquence of the 2 actors. Allegedly they did the whole thing in a single take. As many of us, me included, benefit from voice maintenance then as homework why not try to act it with a friend... (words at end)

Thinking about the Vicar of Dibley got me thinking of Catchphrases. While Jim had his "no no no no..." catchphrase it was probably other comedies that cemented individuals with catchphrases. For example, who do you associate with

Que?

Nice to see you to see you nice?

...so it's "Goodnight" from me and it's "Goodnight" from me...

How did you do? It amazes me how one (or a few) words can remind you of a person irrespective of time. For example, I and other members with a certain Exercise Provider might even be able to identify a certain Physiotherapist from "Power.....Power....."

So that's enough rambling from me....

Regards, David

Alice: You know that stuff that they're selling now at the local shop?

Geraldine: Which stuff?

Alice: I Can't Believe It's Not Butter.

Geraldine: Oh, yeah.

Alice: Well, you know, I can't believe it's not butter.

Geraldine: Yeah, well, I believe that is the idea, yeah.

Alice: Then yesterday I went to Kirkenden and I bought this other stuff, like a sort of home brand, you know.

Geraldine: Yes?

Alice: And, you know, I can't believe it's not I Can't Believe It's Not Butter.

Geraldine: Mmmm?

[pause]

Geraldine: I'm losing you now.

Alice: Oh, right. Well, you know I Can't Believe It's Not Butter?

Geraldine: Yeah, yeah, yeah, you think it is butter.

Alice: No, no. I mean, you know the stuff that I can't believe is not butter is called I Can't Believe It's Not Butter?

Geraldine: Probably, yeah, yeah.

Alice: Well, I can't believe the stuff that is not I Can't Believe It's Not Butter is not I Can't Believe It's Not Butter. And I can't believe that both I Can't Believe It's Not Butter and the stuff that I can't believe is not I Can't Believe It's Not Butter are both, in fact, not butter. And I believe... they both might be butter... in a cunning disguise. And, in fact, there's a lot more butter around than we all thought there was.

Geraldine: Yeah. You see, I don't know what you're talking about, but I'm sure God does and is intrigued by the whole thing.

Ref: <https://www.youtube.com/watch?v=37ficiqoE6U&authuser=0>

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